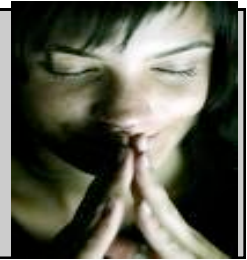


Isle of Wight Pastoral Area  
WEEK of ACCOMPANIED PRAYER  
LENT March 15th—21st



*"I used to pray but it seems to have gone dead on me"*

*"I say prayers, but somehow it doesn't seem very personal"*

*"I've never really been taught to pray since I was a child"*

*"Prayer is important in my life, but I would like to go deeper"*

*"I wondered about meditation; can I learn a Christian form of this?"*

Prayer is a very personal and individual matter and many people have found in this Week a real opportunity to start praying in a way that really influences their lives.

During Lent, from 15th -21st March a team of trained "Prayer Guides" will be visiting the Island. Each person who wishes to participate in the "Week of Guided Prayer" will be assigned to a particular guide and will meet with them each day at a convenient time. The meeting will take up to three quarters of an hour.

The week begins on Sunday evening when all participants meet with the team of guides for about an hour. During this meeting the pattern of the "Week" will be outlined and some ways of praying introduced especially using passages of scripture. There will also be a brief meeting with your personal guide who will answer any questions and offer you some suggestions for prayer the next day.

Each person who participates must be prepared to commit themselves to a time of prayer each day, for 5 days. What happens in this time ( or doesn't happen) is what will be discussed with your guide. You will not be under pressure to speak about anything you do not wish to share; all that is said in the meeting is confidential. There is no group discussion. The only meetings of the whole group are at the beginning on Sunday evening and at the final gathering for reflection & thanksgiving on Saturday morning.

Each participant is invited to make a contribution towards the cost of the Week. £25 is suggested, but no one should feel excluded because they can't afford this.

If you think you might be interested in taking part, or you would like further details, please fill in the form and return it to

..... (parish organiser)

Tel: .....

Isle of Wight Pastoral Area  
WEEK of ACCOMPANIED PRAYER  
15th –21st March  
APPLICATION FORM



**TO:** ..... (parish organiser)

I am interested in the "Week of Accompanied Prayer" and would like to talk to someone about it.

**OR**

I would like to take part in the Island Week of Accompanied Prayer from .....

*(Delete as appropriate)*

I enclose a contribution of £ .....

to help towards the cost of the Week.

*(No one should feel excluded for financial reasons)*

I would be available to see my prayer guide at the following times:

**Morning** between..... & .....

**Afternoon** between .....& .....

**Evening** between..... & .....

*(Please include the widest range of options. It is also helpful to put eg 10 am –12noon, except Thursday. 2-4 pm. on Thursday)*

**NAME:** .....

**ADDRESS:** .....  
.....

**TEL NO:** .....

**Email:** .....